



OLLI E-News

The electronic newsletter for members of the
Osher Lifelong Learning Institute at George Mason University



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ALERT

SUBMISSIONS FOR THE NEXT TWO WEEKS OF OLLI E-NEWS. Please submit all articles, notices and photos **for the Sep 4 and Sep 11 issues** to Deputy Editor [John West](#).

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NEW NAMETAGS COMING

From the executive director



By [Thom Clement](#), Executive Director

I T IS PART OF OUR CULTURE AT OLLI to develop and nurture friendships and collegial relationships with fellow members. In addition to the intellectual stimulation offered by our courses, members rank social interaction with interesting people high on their lists of reasons for joining OLLI. In the days when our membership was no more than 100, it was easy to know almost everyone. Those days are long past. Our total membership exceeds 850 -- hence, the OLLI nametags.

In mid-September, you will be receiving a mailing that includes a brand-new nametag. We ask that you insert this new version in your existing nametag holder and wear it faithfully each time you attend an OLLI function. Please consider this an expectation that is a courtesy to your fellow members. The new version will also include a small notation about your membership anniversary date. Full OLLI members will have pastel green nametags, Loudoun-only members will have yellow nametags, and OLLI Board directors will have white nametags.

Preferred Name

Log in to the Member Portal, click Membership/Edit Personal Info, click Edit, then enter your preferred name.

We want your nametag to feature your preferred name or nickname. Take a look at the way your name is spelled on the fall catalog that you just received. Unless you tell us otherwise, that is the name that will be printed on your nametag. You can use the online Member Portal to change your preferred name, or you can email us at olli@gmu.edu to tell us the name you want on your nametag. Please do this by Mon, Sep 7, so we'll have time to print them correctly. If you need a replacement for your plastic holder, please see the OLLI staff assistant at each site.

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PROGRAM CORNER

Exploring science, technology and health



By Kathryn Russell, Program Committee Chair

I'M HAVING FUN THIS WEEK attending all the Resource Group meetings. As you know by now, these groups of OLLI volunteers work their "magic" to develop the eye-popping number of courses -- four times a year, year after year. Sitting in on the Science, Technology and Health session, I was amazed at the ideas bouncing around the room. I now understand why there are so many fascinating courses being offered in this subject area during the upcoming fall term. If you are still undecided on course selections or find that you have time for more, consider the multi-teacher courses (the 800's in the catalog) that bring us expertise in many fields.

Have a look at one of science and technology's new courses, "[Topics in Engineering](#)" (F803), which takes us from problems of water sources to those of outer space. Among the featured discussions are these:

- Water resources -- Retired Brig. Gen. Gerald Galloway, Jr., U.S. Army Corps of Engineers
- Space safety -- George Levin, former NASA engineer
- Satellite communications -- Dick McClure of Applied Physics Lab, Johns Hopkins
- Impact of engineering on everyday life -- Stu Williams, Army engineer

Several other science and technology courses bring together more experts in many fields. In "[U.S. Forest Sustainability](#)" (F801), for example, U.S. Forest Service leaders look at the challenges of forest management from many different angles. Another hot-button issue will be explored in "[Energy Policy and Electric Vehicles](#)" (R805). Two courses -- "[Muscles in Motion](#)" (F804) and "[Health and Well Being](#)" (L808) -- focus on personal wellness and even offer some solutions to those physical challenges we all face. Then you can get acquainted with some big names in science in "[Interesting People and Ideas of Science](#)" (R806).

Even if you're not scientifically oriented, these multi-instructor courses offer wonderful opportunities for getting acquainted with new topics. And isn't that part of the beauty of our OLLI program?

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"WINGS OF FANCY"

OLLI Photo Club visits live butterfly exhibit in Maryland



Three photos by Suzy Jampoler.

THE OLLI PHOTOGRAPHY CLUB RECENTLY ORGANIZED A VISIT to a live butterfly exhibit in Wheaton, Maryland. In the top photo, Steve Schanzer gazes closely at a Tawny Owl (*Caligo memmon*) butterfly, native to Mexico and to the Amazon basin, that landed on his nose. In the lower left photo (standing, left to right) Leo Brennan, Ernestine Meyer and Roz Schanzer shoot or prepare to shoot. In the lower right photo (left to right) Anita Ohlhausen looks through her camera while Roz Schanzer looks for butterflies to shoot.

Related Web link: "[Wings of Fancy](#)" Web site.

HELP WANTED: BOOTH VOLUNTEERS

Burke Centre Festival Sep 12-13

OLLI IS JOINING Mason's Friends of Music and Friends of the Center for the

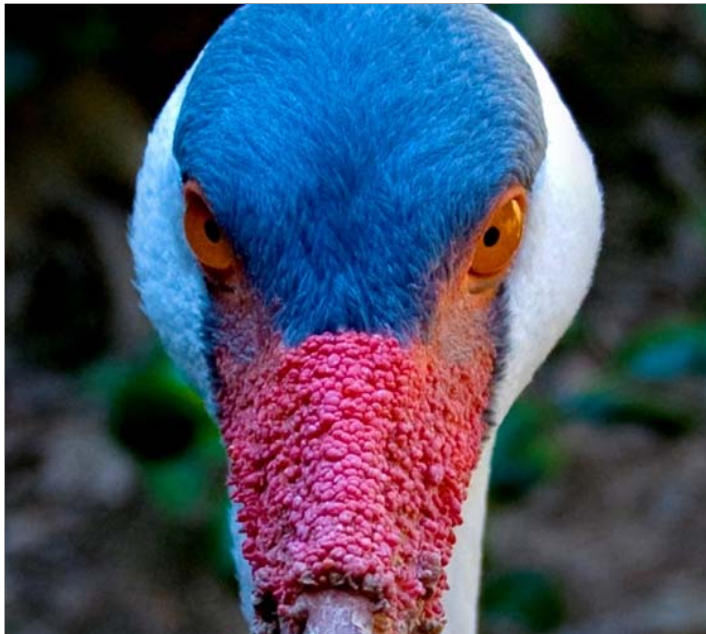
Performing Arts in staffing a booth at the fall Burke Centre Festival on both Sat, Sep 12, 10:00-4:00 and Sun, Sep 13, 11:00-4:00. Volunteers are needed for two-hour shifts; booth volunteers will receive two complimentary tickets to the fall student concert at Mason. If interested, please contact Carole Richard.

The festival will be located at the Burke Conservancy park area, 6060 Burke Centre Parkway and Coffey Mill Road. The booth is sponsored by Friends of Music.

Related Web site: [Burke Centre Fall Festival](#)

PHOTO OF THE MONTH

Selected by the OLLI Photography Club



Wattled crane; photo taken by Roz Schanzer at the National Zoo.

To view the photo in other sizes, [click this link](#). To view other photos by members of the OLLI Photography Club, visit the club's [Web site](#).

POSITIVE AGING FAIR

Thu, Sep 10, in Fairfax

OLLI WILL BE EXHIBITING AT THE UPCOMING POSITIVE AGING FAIR, to be held on Thu, Sep 10, at the Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. The event will run from 9:00 to 3:00. The fair comprises interactive and informative programs promoting active aging through healthy lifestyles that help us live longer, more independently and more positively. The fair is geared for Northern Virginians who are in their 50s and older.

Participants in the fair may choose among six interactive small-group workshops on healthy aging topics:

- "Writing Your Memoirs" led by George Mason University associate professor of English Don Gallehr. Preserve memories and experiences in writing for yourself and your children.
- "Wills, Trusts and Creative Estate Planning" (or "Must I Leave Everything to My Children?") led by Helen Cohn Needham and Susan Pollack of the law firm Needham, Mitnick & Pollack. Learn about financial options for the future.
- "Sexuality After 50" led by Ruth Kershner, a social worker in Jewish Social Service Agency's Aging Services Department. Gain insights into the impact of physical changes on sexuality, dating for people over 60, and coping with widowhood.
- "Gardening with Healing Plants" led by environmental educator Karen Buchsbaum. Learn about plants with healing properties, then bring home a fledging plant you start in a pot yourself.
- "Take Charge of Your Health in Retirement" led by Virginia Inglese, registered dietician and social worker. Discover strategies to keep you healthy and energized.
- "Healthy Brains" led by social worker Nancy Dezan, presenting puzzles and other mental challenges to keep your mind strong.

The day's events will also include a raffle and information booths on subjects such as senior housing options, the arts, county services and health and fitness. Cost: \$10 advance registration at 703-323-0880 by Sep 7 (includes admission and kosher lunch) or \$8 general admission (no lunch). For more information, see [this Web page](#).

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DEPARTMENTS

KEY CONTACT INFORMATION

How to contact OLLI

HERE IS A READY REFERENCE on how to contact OLLI. For email addresses and phone numbers not listed below, please consult the online Membership Directory (log in to [Member Portal](#)).

- President: Emmett Fenlon ([email](#))
- Executive Director: [Thom Clement](#), phone 703-503-7866
- [OLLI Office](#), phone 703-503-3384
- Tallwood Administrator/OLLI Registrar: [Maria Buczek](#), phone 703-503-3384
- Board members: See [Organization page](#) (to send an email to the entire Board, send it to the [office](#) or the *OLLI E-News* [editor](#), and your message will be forwarded to all members of the Board)
- Committee chairs, resource-group chairs: See [Organization page](#)
- Suggestions: [Online suggestion box](#)
- Letters to the editor or letters to Ms. Ollie Ettakit (etiquette matters): *OLLI E-News* Editor [Rod Zumbro](#), phone 703-569-2750

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MASON HIGHLIGHTS

Events at nearby Mason



By Helen Ackerman, *OLLI E-News* Staff Writer

- **Cinema Series:** [Terminator Salvation](#). After Skynet has destroyed much of humanity in a nuclear holocaust, a group of survivors struggles to keep the machines from finishing the job. Fri, Sep 4, 6:00 and 9:00, Sat, Sep 5, 6:00 and 9:00, and Sun, Sep 6, 3:00 and 6:00. Johnson Center, Cinema; Mason students w/ID, free, Mason faculty and staff w/ID, \$1; general public, \$3.
- **Art Exhibit:** Sam Gilliam's Color Constructions. An exhibition by one of the nation's foremost contemporary artists. For details see this [Mason Gazette article](#). Mon, Sep 7, to Fri, Oct 2, Fine Arts Building, Gallery. Open 9:00 am - 9:00 pm weekdays, and weekends by appointment. Art & Visual Technology, 703-993-8898.

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COMING ATTRACTIONS

Non-class events at OLLI for the next two weeks

THE FOLLOWING LIST covering the next two weeks is extracted for your convenience from the master calendar maintained by the office (see [Upcoming Non-Class Events](#) to view the real-time OLLI online calendar used by the office). *Note: Board, committee, resource-group and 'membership-type' meetings/events below are **highlighted in bold**. OLLI members are welcome at all Board, committee and resource-group meetings (except during executive sessions).*

Fri Aug 28	9:30am	Photography Club - TA-1
	10am	Art and Music Resource Group Meeting - TA-3
	10am	Recorder Consort - TA-2
	10:30am	Classic Fiction Book Club - Cascades Library
	11am	Homer Group - Social Room Annex
Mon Aug 31	10am	Bridge Club - TA-3
	1:30pm	Joint Reston/Loudoun Program Committee Meeting - Loudoun GMU campus
Tue Sep 1	10am	Program Committee Meeting - TA-1
	11:30am	Knitting and Needlework Club - Lake Anne Coffee Shop
Wed Sep 2		Fall Registration Ends
	10am	Special Events Resource Group Meeting - Annex
	10am	Investment Forum - TA-3
Fri Sep 4	10am	Recorder Consort - TA-2
	11am	Homer Group - Social Room Annex
Mon Sep 7		OLLI Office Closed - Labor Day
Tue Sep 8	11:30am	Knitting and Needlework Club - Lake Anne Coffee Shop
Wed Sep 9	10am	Book Club at Tallwood - TA-2
	10am	Bridge Club - TA-3
	10am	Investment Forum - TA-1
	10:30am	Open House - Loudoun GMU campus
Fri Sep 11	10am	Recorder Consort - TA-2
	10am	Travel Club - TA-1
	11am	Homer Group - Social Room Annex

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About *OLLI E-News* and the member/volunteers who produce it



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Deputy Editor



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Associate Editor

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Database Manager: Barbara Kyriakakis; **Photo Editor:** Michael Coyne

- **About this newsletter.** OLLI's weekly newsletter, *OLLI E-News*, is emailed to current OLLI members with email addresses on Fridays. When classes are in session, printed copies of this newsletter are distributed in classrooms. Comments, suggestions or complaints? Please contact Editor [Rod Zumbro](#) or Communications Committee Chair [Gordon Canyock](#).
- **Submissions.** We encourage members to submit news items, articles and photos for this newsletter. **The deadline to the editor is 7:00 pm Wed** (7:00 pm Mon for letters to the editor for which an OLLI response is appropriate) for that week's issue; **submissions earlier in the week are strongly encouraged and greatly appreciated.** Please limit articles to about 250 words. Submit material via email to Editor Rod Zumbro (email rzumbro@gmu.edu).
- **Read the latest issue early.** The new weekly issue of *OLLI E-News* is posted to the OLLI Web site Thursday evening. Read it by visiting <http://www.oli.gmu.edu/pubs.htm#enews>, where you will find a list of the last 12 issues; click the latest issue listed.
- **Viewing or searching past issues.** Your options for finding items in past issues of *OLLI E-News* include viewing the [last 12 issues](#); [searching the content](#) of ALL issues for any word or words; and [searching our archive](#) of all past issues by date or issue number.

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